

OCEAN *VIEW* *Living*

SEPTEMBER 2026



POWERED BY
BVM
BEST VERSION MEDIA

Meet THE NENDZES of Bayview

INSIDE: 7 SIGNS YOUR AC SYSTEM NEEDS HELP • BEAUTIFUL VIEWS OF OV • A COZY TWIST ON APPLE CIDER

PHOTOGRAPHY BY LS PHOTOGRAPHY @STUDIO 1800, LLC



Meet the Nendzes OF BAYVIEW

BY CHRISTINA PARKER | PHOTOGRAPHY BY LS PHOTOGRAPHY @STUDIO 1800, LLC

When Desh and Joe Nendze met online in Wisconsin in 2009, they could not have predicted that their future would eventually bring them to Ocean View. Married on a beach in Florida in 2012, the couple now calls Bayview home after careers, military service, and educational opportunities led them to Hampton Roads.

Today, they have three adult children and four grandchildren living in Florida and Wisconsin. While much of the family is spread across the country, they make it a priority to gather several times each year. Graduations, weddings, birthdays, anniversaries, and holiday celebrations often become extended family reunions, with more than twenty relatives staying together under one roof. Those gatherings have become one of the family's longest-standing traditions and something they hope future generations will continue.

Both Desh and Joe followed career paths that focused on very different fields, but ultimately brought them to the same community.

Joe earned his degree in Computer Networking and has worked for AT&T for the past twenty-seven years. His position transferred him from Wisconsin to Virginia in 2018, when he purchased a home in Bayview and began getting to know the Ocean View area.

At the time, Desh was completing her Doctorate of Psychology in Clinical Psychology along with her postdoctoral training in Wisconsin. During the three years they lived in different states, she traveled to Virginia for one week each month. Rather than spending those visits at home, she explored the region, taking road trips throughout Virginia, North Carolina, South Carolina, West Virginia, and the Washington, D.C., area. By the time she relocated

permanently in 2021, she already knew many of the places that now make up her everyday routine.

After moving to Hampton Roads, Desh joined Norfolk State University as an Assistant Professor in the Department of Psychology. She teaches a variety of undergraduate and graduate courses, including Military Psychology and Sport Psychology. She also serves as advisor to the university's Psychology Club, mentors Military Psychology research students, and is Co-Director of the Veterans Engagement Program within the School of Social Work, a grant-funded initiative supported by the Virginia Department of Veteran Services.

Her military service continues to influence much of her work. As an Army veteran, she has focused much of her professional and volunteer efforts on supporting service members, veterans, and military

families. In 2024, she founded *Forward March Inc.*, a nonprofit organization dedicated to military mental health. Joe, a Navy veteran, and the couple's children have all become involved in supporting the organization's mission.

"My goal is to help wherever the service member, veteran, or military family member needs assistance."

In addition to her work at Norfolk State University and Forward March Inc., Desh serves as Chaplain at American Legion Tidewater Post #327. She works with veterans and their families while supporting the post's community outreach efforts throughout Hampton Roads. She is also the Counseling Ministry Lead and Military Ministry Lead at Ocean View Church, where she combines her professional background with opportunities to serve members of the congregation and the local community.

The move to Ocean View gave the couple an opportunity to settle in a neighborhood that fit their lifestyle. They appreciate being able to stay close to home for many of their daily activities while remaining just minutes from downtown Norfolk and Virginia Beach. Local coffee shops, neighborhood businesses, and easy access to the Chesapeake Bay have made Bayview feel like home.

They have also become involved in the Community Garden at Coaster Coffee. Working alongside other volunteers has introduced them to neighbors while providing an opportunity to spend time outdoors and contribute to a shared community space.

Outside of work, travel has remained one of the



CONTINUED ON PAGE 6



Sharon Voogd

OWNER / BROKER
1ST CLASS REAL ESTATE
SIGNATURE PROPERTIES

MEET OUR TEAM



Angelica Beltz
AGENT
567-225-2041



Yashima Clarkson
AGENT
757-642-4142



Michael Voogd
LOAN OFFICER
956-832-3860
NMLS #2652460





PRIMERICA
MORTGAGE
NMLS #1723477

REAL ESTATE AND MORTGAGE SOLUTIONS— *Seamlessly Connected*

One trusted team for buying, selling, refinancing, and investing.



BUY



FINANCE



SELL



INVEST



PRIMERICA MORTGAGE
11339 Windsor Blvd.
PO Box 40
Windsor, VA 23487



SCAN TO SCHEDULE
A FREE CONSULTATION!
<https://homehelpxperts.homeseminars.net/book>

LET'S MAKE YOUR NEXT MOVE *Simple.* |  **757-746-0777**



signatureproperties.1stclassre.com

SERVING HAMPTON ROADS & BEYOND



Ask us about the
Homes for Heroes® program!



EQUAL HOUSING
OPPORTUNITY



CONTINUED FROM PAGE 5

couple's favorite hobbies. Over the years they have visited destinations throughout the United States, including Oregon, Colorado, Texas, and much of the East Coast. International trips have included Canada, Ireland, Iceland, and several Caribbean islands. They also make it a tradition to celebrate each of their birthdays with a trip, often choosing a destination they have not visited before. This year's plans include Hatch, New Mexico, and Puerto Rico, with next year's travel already in the early planning stages.

Travel has also played a role in family life. In 2013, their daughter participated in a month-long Rotary Club foreign exchange program in Spain. The following month, the Nendzes hosted a Spanish exchange student in their home. The experience gave both families an opportunity to share their traditions and learn about another culture, reinforcing the value they place on experiencing different cultures.

"We wanted our daughter to enjoy traveling as much as we do, and hosting an exchange student gave us the opportunity to share our culture while learning about someone else's."

Another member of the family has become an experienced traveler as well. Grizzly, their eight-year-old pit bull mix, made the drive from Wisconsin to Virginia during the family's move and has joined them on many road trips since. His willingness to settle into the back seat has made traveling with him an easy addition to many of their adventures.

Since moving to Bayview, the Nendzes have enjoyed getting to know Ocean View and the people who call it home. Whether spending time at the community garden, visiting neighborhood businesses, or walking near the beach, they continue to meet new neighbors and discover more about the area.

For those they have not yet met, Desh has a simple invitation. "Please say hello if you see me around the neighborhood! And if you're willing to help pull a few weeds at the community garden, even better!" She enjoys getting to know the people who make Ocean View such a welcoming community and believes some of the best conversations happen through everyday interactions with neighbors.

When asked about **Ocean View Living**, Desh says she appreciates how the magazine highlights the people and organizations



that make the community unique. For the Nendzes, it is one more way neighbors have an opportunity to learn about one another and the many stories that make Ocean View home.



EARTHWISE Pet

PET NUTRITION CENTER

118 W 21st Street Norfolk, VA 23517
(757)290-6090

Hours:
Monday Thru Friday 10:00AM - 7:00PM
Saturday & Sunday 10:00AM - 5:00PM

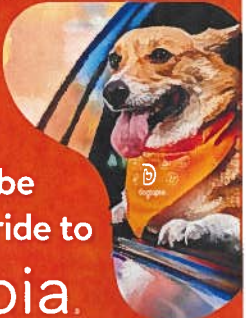
Stop In For A Free Consultation With
Our Certified Pet Nutritionist




Scan me



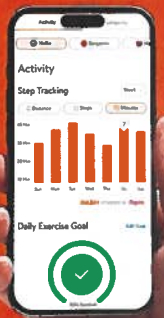
**Scan the QR
code and place
an order online
for pickup!**



Your dog will be beggin' for a ride to dogtopia.

Total dog wellness
& safer play are at

Dogtopia of
Norfolk-Ghent and
Town Center





 FOR THE LOVE OF THE DOG

Design the Ocean View License Plate

Ocean View is one of Norfolk's most iconic communities. Now it's getting its own Virginia license plate, and we want

you to design it.

THIS IS A COMMUNITY-DRIVEN PROJECT.

We're inviting residents, students, and local artists to submit design ideas. A committee will review all submissions this fall and select a winning design, which will then move forward through the legislative process to become an official Virginia specialty plate.



Submissions can be made at:

<http://forms.gle/zGQqetvzBMDGdPdN8>



Scan to Submit



SMWVSF SOCIAL MEDIA MANAGEMENT

5 POSTS A WEEK
\$250 A MONTH
★ STRATEGY. CONTENT. GROWTH. ★

757-705-5479

Let's Grow Your Brand.

SCAN TO VISIT
SMWVSF.COM



FORWARD MARCH



Military Mental Health Nonprofit



757-828-6712

Desh Nendez, Founder
www.forward-march-inc.org

A non-profit organization providing mental health support and mental health education to military family members, veterans, and service members



Forward March, Inc.

Studio East
SALON SPA
Celebrating 20 years of wellness and beauty in East Beach!



Hair, Nails,
Massage,
Facials, & Waxing!

Call: 757-588-5533
Text: 757-354-2486
Studioeastsalon.com



OCEAN VIEW
— BUSINESS ASSOCIATION —

General Membership Meeting
Thursday,
September 17, 2026
Location: TBD
8:30 am - 10:00 am

Catch the OV Vibe — Grow Your Business Together
www.oceanviewbusinessassociation.com